



# Sunny Side Up

— CALABASH • NC —

*Where families come together* *Diner*



# Breakfast

We offer dual pricing.  
Pay with cash and save!

**CASH / CARD**

A 20% gratuity will automatically be  
added to the bill for parties of 6 or more.

## EGG CHOICES

All egg choices are served with grits, toast (white or wheat).  
Substitute Rye or Raisin for 50¢ / 52¢ extra.  
Substitute hashbrowns or homefries  
instead of grits for 75¢ / 78¢ extra  
Extra Egg 75¢ / 78¢, Egg Whites \$1.00 / \$1.04 extra

- \*Two Eggs - Any Style** **8.00 / 8.32**  
with **bacon or sausage** (link or patty) **10.00 / 10.40**  
with **turkey bacon or**  
**turkey sausage** (patty) **11.00 / 11.44**  
with **ham** **11.00 / 11.44**  
with **country ham** **11.00 / 11.44**  
with **canadian bacon** **11.00 / 11.44**  
with **corned beef hash** **11.00 / 11.44**  
with **smoked sausage** **11.00 / 11.44**

**\* SUNNY SIDE UP SPECIAL** **12.00 / 12.48**

Two eggs any style, 2 strips of bacon,  
2 sausage links, home fries, toast & jelly

## STEAK AND EGGS

Served with two eggs any style, grits, toast & jelly. Rye Bread 50¢ / 52¢  
Substitute hash browns or home fries. instead of grits for 75¢ / 78¢

- \* Ribeye Steak 8oz** **15.00 / 15.60**  
**\* Chopped Steak 8oz** **13.00 / 13.52**  
**\* Pork Chops** **13.00 / 13.52**  
**\* Country Fried Steak** **13.00 / 13.52**

**SHRIMP & GRITS** **13.00 / 13.52**

Bacon, ham, peppers, onion,  
with bloody mary sauce & cheddar cheese

## BREAKFAST SANDWICHES

Served on white or wheat toast, or biscuit  
Substitute bagel or rye 50¢ / 52¢

**Bagel with Cream Cheese** **7.00 / 7.28**

- \*Eggs & Cheese** **8.00 / 8.32**  
**\*Egg, choice of Meat & Cheese** **9.00 / 9.36**  
Bacon **OR** Ham **OR** Sausage  
**\*Avocado Toast** **9.00 / 9.36**  
Sliced avocado, poached eggs,  
diced tomatoes, topped with Tajin

## OUR SPECIAL OMELETTES

All omelettes are served with  
grits and toast (white or wheat)  
**OR** two buttermilk pancakes.  
Substitute homefries or hashbrowns  
for 75¢ / 78¢ (Pancake not included)  
Egg Whites \$1.00 / \$1.04 extra

- Cheese Omelette** **10.00 / 10.40**  
Swiss, Cheddar or American  
**Veggie Omelette** **12.00 / 12.48**  
Chopped tomatoes, green peppers,  
onions, mushrooms & cheese  
**Choice of Ham OR Bacon OR Sausage**  
**OR Corn Beef Hash and Cheese** **12.00 / 12.48**  
**Mushroom & Cheese** **12.00 / 12.48**  
**Spinach, Tomatoes & Feta Cheese** **12.00 / 12.48**  
**Philly Steak OR Chicken Omelette** **12.00 / 12.48**  
Shaved steak or grilled chicken,  
peppers, onion & Swiss cheese  
**Meat Lovers Omelette** **12.00 / 12.48**  
Ham, Bacon, Sausage & Cheese  
**Western Omelette** **12.00 / 12.48**  
Chopped green peppers, onions, ham & cheese  
**Grand Strand Omelette** **12.00 / 12.48**  
Chopped green peppers, onions,  
sausage, mushroom & cheese  
**Greek Omelette** **12.00 / 12.48**  
Chopped green peppers, tomatoes,  
onions, olives & feta cheese  
**Carolina Omelette** **12.00 / 12.48**  
Ham, sausage, bacon, mushrooms,  
green peppers, onions & cheese

**Create Your Own Omelette** **12.00 / 12.48**  
Choose 4 ingredients

\* HEALTH ADVISORY: Items can be cooked by order. Consuming raw or undercooked meat, poultry, eggs, shellfish, hamburger, and steak may increase your risk of foodborne illness.

# BREAKFAST BURRITOS AND QUESADILLAS

*Served with Grits, Hash Browns or Home Fries*

**Veggie Burrito 11.00 / 11.44**  
A warmed tortilla stuffed with tomatoes, green peppers, onion, scrambled eggs and cheddar cheese

**Meat Burrito 12.00 / 12.48**  
Bacon, ham, sausage, scrambled eggs & cheddar cheese

**Bacon, Egg and Cheese Quesadilla 11.00 / 11.44**  
Bacon, scrambled eggs, grilled onions and cheddar cheese. Served with salsa and sour cream on the side

**\* Mediterranean Croissant 12.00 / 12.48**  
Grilled baby spinach, tomatoes and feta cheese served on a croissant, topped with crispy bacon and scrambled eggs.



## DELICIOUS SKILLETS

*Served with potatoes, shredded cheddar cheese, two eggs any style on top and toast (white or wheat)  
Substitute Rye 50¢ / 52¢*

**\* Meat Lovers Skillet 12.00 / 12.48**  
Ham, bacon & sausage

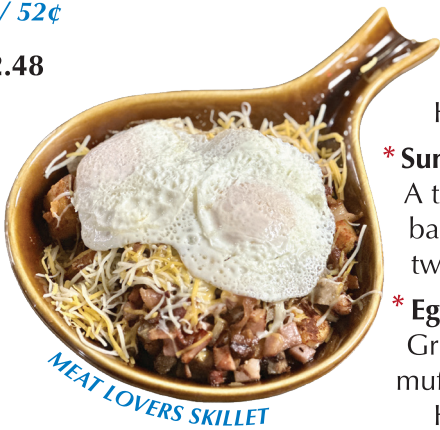
**\* Carolina Skillet 12.00 / 12.48**  
Ham, bacon, sausage, green peppers, onions, tomatoes & mushrooms

**\* Veggie Skillet 11.00 / 11.44**  
Green peppers, onions, tomatoes & mushrooms

**\* Gyro Skillet 12.00 / 12.48**  
Gyro meat, tomatoes, onions, Feta cheese

**\* Irish Skillet 12.00 / 12.48**  
Onions, green peppers and corned beef hash

**\* Western Skillet 12.00 / 12.48**  
Onions, green peppers and ham



MEAT LOVERS SKILLET

## BREAKFAST SPECIALTIES

*All Specialties include Grits.  
Substitute Hash Browns or Home Fries for 75¢ / 78¢*

**\* Egg Benedict 12.00 / 12.48**  
Canadian bacon and two poached eggs, served on English muffin, topped with Hollandaise sauce

**\* Sunny Side Up Benedict 12.00 / 12.48**  
A toasted English muffin topped with grilled baby spinach, tomatoes, mushrooms, artichoke, two poached eggs and Hollandaise sauce

**\* Egg Benedict Florentine 12.00 / 12.48**  
Grilled baby spinach, tomatoes, served on English muffin with two poached eggs, topped with Hollandaise sauce

**\* California Egg Benedict 12.00 / 12.48**  
Smashed avocado, olive oil, lemon, tomato, served on English muffin with two poached eggs, topped with Hollandaise sauce



EGG BENEDICT FLORENTINE

**Cup of Fruit 7.00 / 7.28**

**Bowl of Fruit 8.00 / 8.32**



## BISCUITS AND GRAVY

**One Biscuit 8.00 / 8.32**

**Two Biscuits 9.00 / 9.36**

**\* Chef's Breakfast Special 11.00 / 11.44**  
One biscuit and gravy, two eggs any style with two pieces of bacon or sausage

**\* Chipped Beef Gravy**  
Served over white or wheat toast or biscuit 10.00 / 10.40 with two eggs or potatoes 11.00 / 11.44

## SIDE ORDERS

**Ham 4.00 / 4.16**

**Bacon 4.00 / 4.16**

**Sausage 4.00 / 4.16**  
(link or patty)

**Country Ham 5.00 / 5.20**

**Canadian Bacon 4.00 / 4.16**

**Corned Beef Hash 4.00 / 4.16**

**Smoked Sausage 4.00 / 4.16**

**Any Fruit Topping 4.00 / 4.16**

**Sausage Gravy 3.00 / 3.12**

**Grits 3.00 / 3.12**

**Home Fries 4.00 / 4.16**

**Hash Browns 4.00 / 4.16**

**Toast 3.00 / 3.12**

**Raisin Toast 3.50 / 3.64**

**Rye Toast 3.50 / 3.64**

**English Muffin 3.50 / 3.64**

**Sliced Tomato 3.00 / 3.12**

**One Pancake 4.00 / 4.16**

**French Toast (one slice) 4.00 / 4.16**

**One Egg 3.00 / 3.12**

**French Fries 4.00 / 4.16**

**Onion Rings 6.00 / 6.24**

## CHILDREN & SENIORS MENU

*Under 10 years old and over 60 years old*

**Four Silver Dollar Pancakes, with 2 pc Bacon OR Sausage 9.00 / 9.36**

**Four Wedges of French Toast, with 2 pc Bacon OR Sausage 9.00 / 9.36**

**1/2 Belgian Waffle with 2 pc Bacon OR Sausage 9.00 / 9.36**

**\* 1 Egg, any style, 1 Pancake, with 2 pc Bacon OR Sausage 9.00 / 9.36**

**\* 1 Egg, any style with Grits, Toast & Jelly, with 2 pc Bacon OR Sausage 9.00 / 9.36**

### \* HEALTH ADVISORY:

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# RICH & FLUFFY PANCAKES

*Served with butter and syrup, then garnished with a dusting of powdered sugar unless otherwise noted.*

**Two Buttermilk Pancakes** 8.00 / 8.32

**Three Buttermilk Pancakes** 9.00 / 9.36

with fresh fruit (strawberry, blueberry) add 3.00 / 3.12

add bacon, sausage **OR** ham 4.00 / 4.16

add turkey bacon **OR** turkey sausage 5.00 / 5.20

**Three Chocolate Chip Pancakes** 11.00 / 11.44

**Three Raisins and Pecan Pancakes** 11.00 / 11.44

**Three Banana and Pecan Pancakes** 11.00 / 11.44

**Three Multi Berry Pancakes** 12.00 / 12.48

Three multi grain pancakes topped with fresh blueberries, strawberries & powdered sugar.

**\* Multi Grain Pancakes** 12.00 / 12.48

Two multi grain pancakes with two eggs any style and bacon **OR** sausage

**Gluten-Free Pancakes** (2) 10.00 / 10.40

(3) 11.00 / 11.44

**\* SUNNY SIDE UP PANCAKE SPECIAL** 12.00 / 12.48

Two buttermilk pancakes with two eggs

any style, bacon **OR** sausage **OR** ham

**OR** country ham, turkey bacon or sausage 13.00 / 13.52

**\* GOLFER'S PANCAKE SPECIAL** 12.00 / 12.48

Three buttermilk pancakes, three eggs

any style and bacon **OR** sausage **OR** ham

**OR** country ham, turkey bacon or sausage 13.00 / 13.52



## FRENCH TOAST CREATIONS

*Served with butter and syrup, then garnished with a dusting of powdered sugar unless otherwise noted.*

*Add fresh fruit (blueberry or strawberry) 3.00 / 3.12*

**Four Wedges of French Toast** 9.00 / 9.36

**Six Wedges of French Toast** 10.00 / 10.40

**\* SUNNY SIDE UP FRENCH TOAST DELUXE** 12.00 / 12.48

Four wedges of French toast, two eggs

any style and bacon **OR** sausage

**OR** country ham, turkey bacon or sausage 13.00 / 13.52

## BELGIAN WAFFLES

*Served with butter and syrup, then garnished with dusting of powdered sugar unless otherwise noted.*

*Add fresh fruit (blueberry or strawberry) & whipped cream 3.00 / 3.12*

**Belgian Waffle** 10.00 / 10.40

**Pecan Waffle** 11.00 / 11.44

**\* Belgium Waffle Deluxe** 13.00 / 13.52

Classic Belgium waffle, two eggs

any style and bacon **OR** sausage

**FRENCH BEIGNETS** 10.00 / 10.40

10 French Beignets served with sweet & spicy raspberry sauce and powdered sugar

## DELICIOUS CREPES

*Our crepes are served with butter and syrup upon request. Garnished with dusting of powdered sugar and whipped cream unless otherwise noted.*

**One-One-One** 11.00 / 11.44

Fresh fruit crepes filled with banana-blueberry-strawberry

**Banana Nutella Crepes** 11.00 / 11.44

Three crepes with nutella and filled with bananas

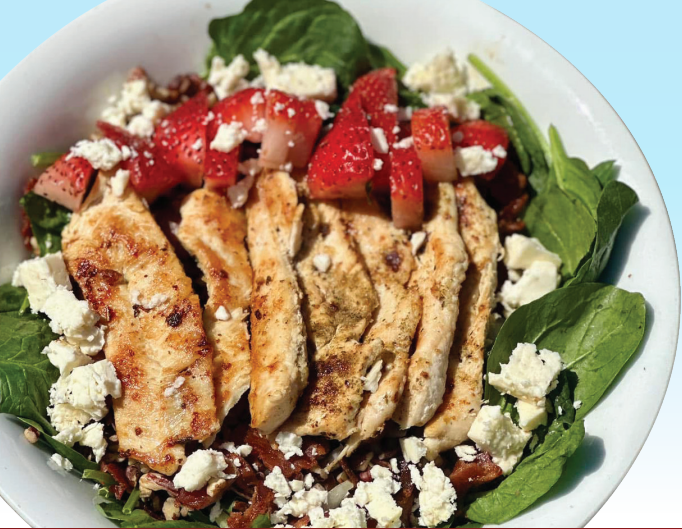
**Spinach Scrambler Crepes** 12.00 / 12.48

Scrambled eggs, sautéed spinach, bacon and cheddar cheese. (served without whipped cream or powdered sugar)

ONE-ONE-ONE



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**CASH / CARD**

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# Lunch

FRESH GARDEN SALADS

TRIPLE DECKER CLUBS

All salads are served with a cup of soup

- Chef Salad 13.00 / 13.52**  
Lettuce, fresh chopped tomatoes, green peppers, onions, chopped ham, turkey, cheese and hard boiled egg
- Strawberry Spinach Salad 13.00 / 13.52**  
Fresh baby spinach, strawberries, onions, pecans, chopped bacon and feta cheese with grilled chicken on top. Served with house dressing on the side
- Tuscany Salad 13.00 / 13.52**  
Lettuce, tomatoes, onions, green peppers, mushrooms, artichoke, bacon, feta cheese, banana peppers and olives  
**Add chicken 3.00 / 3.12**
- Greek Salad 12.00 / 12.48**  
Lettuce, tomatoes, green pepper, feta cheese, olives, onions, banana peppers and hard boiled egg  
**Add chicken 3.00 / 3.12**
- Grilled or Fried Chicken Salad 13.00 / 13.52**  
Lettuce, tomatoes, green peppers, onions and hard boiled egg
- Taco Salad 12.00 / 12.48**  
Deep fried taco shells filled with lettuce, tomato, onions, green peppers, black olives, seasoned beef and cheddar cheese. Served with salsa and sour cream on the side
- Stuffed Tomatoes 12.00 / 12.48**  
Our homemade tuna or chicken salad in a fresh tomato, served with cottage cheese, hard boiled egg and fresh fruit.

Plain: served with lettuce, tomato & pickle.  
Deluxe: served with cup of soup and French Fries.  
Subsitute fries for onion rings 2.00 / 2.08

| PLAIN         | DELUXE        |
|---------------|---------------|
| 11.00 / 11.44 | 13.00 / 13.52 |

- Country Club**  
Turkey, bacon, ham, cheese and mayo
- BLT Club**
- Turkey & Cheese Club**
- Ham & Cheese Club**



WRAPS

Plain: served with pickle.  
Deluxe: served with cup of soup and French Fries  
Subsitute fries for onion rings 2.00 / 2.08

|                                                                                                                                              | PLAIN         | DELUXE        |
|----------------------------------------------------------------------------------------------------------------------------------------------|---------------|---------------|
| <b>Chicken Wrap</b><br>Chopped chicken with onions, green peppers, tomatoes and Swiss cheese                                                 | 11.00 / 11.44 | 13.00 / 13.52 |
| <b>Philly Wrap</b><br>Beef, peppers, onions, mushrooms and Swiss cheese                                                                      | 11.00 / 11.44 | 13.00 / 13.52 |
| <b>Antipasto Wrap</b><br>Ham, turkey, Swiss cheese, lettuce, tomatoes and onions                                                             | 11.00 / 11.44 | 13.00 / 13.52 |
| <b>Vegetable Wrap</b><br>Peppers, onions, mushrooms, tomatoes & Swiss cheese. Served with a side of Ranch dressing                           | 11.00 / 11.44 | 13.00 / 13.52 |
| <b>Chicken or Tuna Salad</b><br>Homemade chicken or tuna salad in a wrap served with lettuce and tomato                                      | 11.00 / 11.44 | 13.00 / 13.52 |
| <b>Shrimp B.L.T. Wrap</b><br>Spicy shrimp, diced tomatoes, bacon, cheddar cheese with lettuce & house dressing, wrapped in Southern tortilla | 12.00 / 12.48 | 14.00 / 14.56 |

CROISSANTS

Plain: served with Swiss cheese, lettuce, tomato & pickle  
Deluxe: served with cup of soup and French Fries  
Subsitute fries for onion rings 2.00 / 2.08

| PLAIN         | DELUXE        |
|---------------|---------------|
| 11.00 / 11.44 | 13.00 / 13.52 |

- Turkey • Ham
- Ham & Turkey
- Grilled Chicken
- Chicken Salad • Tuna Salad



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ONE OF A KIND SANDWICHES

Plain: served with pickle  
Deluxe: served with cup of soup and French Fries  
Substitute fries for onion rings 2.00 / 2.08

|                                                                                                                | PLAIN         | DELUXE        |
|----------------------------------------------------------------------------------------------------------------|---------------|---------------|
| Gyros                                                                                                          | 11.00 / 11.44 | 13.00 / 13.52 |
| Tender slices of gyro meat on pita bread with layers of onions, tomatoes and tzatziki sauce                    |               |               |
| Chicken Sandwich                                                                                               | 11.00 / 11.44 | 13.00 / 13.52 |
| Fried or grilled boneless chicken breast served in a hamburger bun with lettuce and tomato.                    |               |               |
| Grilled Chicken Cordon Bleu                                                                                    | 11.00 / 11.44 | 13.00 / 13.52 |
| With ham, melted Swiss cheese & honey mustard                                                                  |               |               |
| Tuna or Chicken Salad                                                                                          | 11.00 / 11.44 | 13.00 / 13.52 |
| Homemade tuna or chicken salad served with lettuce and tomato on white or wheat bread (50¢ for Rye)            |               |               |
| BLT                                                                                                            | 10.00 / 10.48 | 12.00 / 12.48 |
| Bacon, lettuce & tomato on white or wheat. 50¢ for Rye                                                         |               |               |
| Grilled Cheese                                                                                                 | 9.00 / 9.36   | 10.00 / 10.40 |
| with ham or bacon                                                                                              | 11.00 / 11.44 | 13.00 / 13.52 |
| Philly Cheese Steak                                                                                            | 11.00 / 11.44 | 13.00 / 13.52 |
| Served on a French roll with grilled mushrooms, onions, green peppers and cheese                               |               |               |
| Cod Sandwich                                                                                                   | 11.00 / 11.44 | 13.00 / 13.52 |
| Served on grilled hoagie bun with lettuce & tomato                                                             |               |               |
| Grilled Chicken and Mushrooms                                                                                  | 12.00 / 12.48 | 13.00 / 13.53 |
| Tender boneless chicken breast, topped with grilled mushrooms and melted swiss cheese, served on a grilled bun |               |               |
| Turkey Reuben                                                                                                  | 11.00 / 11.44 | 13.00 / 13.52 |
| Marble rye bread grilled with sliced turkey, sauerkraut, thousand island dressing and Swiss cheese             |               |               |

BURGERS

All burgers made with fresh ground chuck.  
Served with lettuce & tomato  
Plain: served with pickle.  
Deluxe: served with cup of soup and French Fries.  
Substitute fries for onion rings 2.00 / 2.08

|                         | PLAIN         | DELUXE        |
|-------------------------|---------------|---------------|
| * Beef Burger           | 10.00 / 10.40 | 11.00 / 11.44 |
| * Cheeseburger          | 11.00 / 11.44 | 12.00 / 12.48 |
| * Double Cheeseburger   | 11.00 / 11.44 | 12.00 / 12.48 |
| * Mushroom Swiss Burger | 11.00 / 11.44 | 12.00 / 12.48 |
| * Bacon Cheeseburger    | 11.00 / 11.44 | 12.00 / 12.48 |

MELT DOWNS

Plain: served with pickle  
Deluxe: served with cup of soup and French Fries  
Substitute fries for onion rings 2.00 / 2.08

|                                                                           | PLAIN         | DELUXE        |
|---------------------------------------------------------------------------|---------------|---------------|
| * Patty Melt                                                              | 11.00 / 11.44 | 12.00 / 12.48 |
| Beef patty on grilled marble rye with grilled onions with American cheese |               |               |
| Chicken Melt                                                              | 11.00 / 11.44 | 12.00 / 12.48 |
| Boneless breast of chicken served on grilled marble rye with Swiss cheese |               |               |
| Monte Cristo                                                              | 11.00 / 11.44 | 12.00 / 12.48 |
| Turkey, ham and Swiss cheese on dipped French toast                       |               |               |
| Turkey Melt                                                               | 11.00 / 11.44 | 12.00 / 12.48 |
| Turkey meat on grilled marble rye with Swiss cheese                       |               |               |
| Tuna or Chicken Salad Melt                                                | 11.00 / 11.44 | 12.00 / 12.48 |
| with American cheese                                                      |               |               |



DELICIOUS HOMEMADE SOUP

|              |             |
|--------------|-------------|
| Cup          | 5.00 / 5.20 |
| Bowl         | 6.00 / 6.24 |
| Soup & Salad | 8.00 / 8.32 |
| Side Salad   | 5.00 / 5.20 |



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# HOUSE SPECIAL ENTRÉES

*All entrées are served with two sides*

## Chicken Strips 13.00 / 13.52

Crispy fried strips of lightly breaded chicken breast with honey mustard dipping sauce

## Grilled Chicken Breast 13.00 / 13.52

## Baby Beef Liver with Onions 13.00 / 13.52

## \* 10oz Hand Cut Choice Steak 15.00 / 15.60

Topped with mushrooms and onions

## \* Chopped Sirloin Steak 10oz 13.00 / 13.52

Topped with mushrooms and onions

## Pork Chops 10oz 13.00 / 13.52

## Fried Pork Tenderloin 13.00 / 13.52

2 pieces breaded fried pork tenderloin topped with brown gravy

## Country Fried Steak 13.00 / 13.52

Topped with white pepper gravy

## Vegetarian Plate 11.00 / 11.44

Choose 3 veggies from our sides



## Grilled Haddock 13.00 / 13.52

## Fried Catfish 13.00 / 13.52

## Fried or Grilled Cod 13.00 / 13.52

## Fried Flounder 13.00 / 13.52

## 1/2 Fried Chicken 13.00 / 13.52

dark or white meat only - \$1.00 / \$1.04 extra

## Cabbage Rolls 13.00 / 13.52

Cabbage leaves stuffed with rice, ground beef, onion, carrots, celery and seasoning. Covered with tomato sauce

CABBAGE ROLLS



LIVER AND ONIONS



# JUST FOR KIDS MENU

*For kids 10 and younger.*

*Served with French fries*

## Grilled Cheese 9.00 / 9.36

## Cheeseburger 9.00 / 9.36

## Chicken Tenders (3pcs) 9.00 / 9.36

## Ham & cheese sandwich 9.00 / 9.36

# BEVERAGES

## Coffee / Decaf Free Refills 3.50 / 3.64

## Espresso 3.50 / 3.64 • Double Espresso 4.00 / 4.16

## Cappuccino 4.00 / 4.16

## Latte 4.00 / 4.16

## Hot Tea 3.50 / 3.64

## Hot Chocolate 3.50 / 3.64

## Milk Plain or Chocolate Sm 3.00 / 3.42 Lg 3.29 / 3.42

## Juice Sm 3.00 / 3.42 Lg 4.00 / 4.16

Orange, Apple, Grapefruit, Cranberry, Tomato

## Ice Tea - Free Refills 3.50 / 3.64

## Soda - Free Refills 3.50 / 3.64

Pepsi, Diet Pepsi, Dr. Pepper, Diet Dr. Pepper, Mountain Dew, Starry, Sunkist

# SENIORS MENU

*Senior specials are for guests 60 and older.*

*Served with choice of two sides*

## Liver and Onions 11.00 / 11.44

One Piece of Baby Beef Liver

## Country Fried Steak 11.00 / 11.44

One piece of country fried steak topped with white pepper gravy

## Pork Chop 11.00 / 11.44

One piece of grilled pork chop

## Fried Pork Tenderloin 11.00 / 11.44

1 piece breaded fried pork tenderloin topped with brown gravy

# SIDES FOR ENTRÉES

Mashed Potatoes • Sweet Corn • Italian Green Beans  
Lima Beans • French Fries • Fried Okra • Apple Sauce  
Home Made House Salad • Coleslaw  
Add an additional side 4.00 / 4.16

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# Psalm 23

A psalm of David.

- 1 The Lord is my shepherd, I lack nothing.
- 2 He makes me lie down in green pastures,  
he leads me beside quiet waters,
- 3 he refreshes my soul.  
He guides me along the right paths  
for his name's sake.
- 4 Even though I walk  
through the darkest valley,[a]  
I will fear no evil,  
for you are with me;  
your rod and your staff,  
they comfort me.
- 5 You prepare a table before me  
in the presence of my enemies.  
You anoint my head with oil;  
my cup overflows.
- 6 Surely your goodness and love will follow me  
all the days of my life,  
and I will dwell in the house of the Lord forever.

